

DEDDINGTON HEALTH CENTRE NEWSLETTER

Telephone: 01869 338611

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www.deddingtonsurgery.co.uk

Patient Survey

The government has changed how they solicit the views of all patients about the practice where they are registered. In the past, we have done an annual survey which we have managed in-house, handing out forms to patients that attended during the time the survey was being done, collecting up & sending off the completed forms to a company who analyse the answers patients have made & then they send us back the results. We used these results as a basis for planning improvements or changes at the surgery and also passed the results on to the Primary Care Trust.

This has now changed and instead of us doing the survey, questionnaires are now sent to a random selection of out patients every 6 months. The next one goes out in April 2010. The questionnaires are quite long and may be off putting to some people. However, we do ask that if you receive one of these questionnaires through the post, you do fill it in and send it back, even if you haven't answered all the questions. This is because some of the payment we receive to run the practice is based on the feedback from these questionnaires. If you have any difficulty understanding or answering the questions, our Practice Manager is happy to assist with explanations without biasing or trying to influence your answers.

Patient Leaflet

We have a new Patient Leaflet which has been printed commercially. It is useful for each household to have 1 copy of this leaflet tucked away at home because it provides a lot of information about the surgery which may come in useful when you least expect e.g. phone numbers for Repeat Prescriptions or the Out of Hours Service; details of the clinics we hold at the surgery etc.

You can either pick up a copy from our Reception, or, you can download a copy of the leaflet from our website www.deddingtonsurgery.co.uk

STAFF NEWS & CHANGES



It's the time of the Winter Olympics (we could probably have held it in Britain given all the snow this year) and we have our very own gold award winner at the surgery – do you recognise her?

Gold Winner in the Heythrop Hunt Horn Competition was.....

Dr Sue Ruddock. Here in the staff room we have been given the benefit of her rousing call!!

Also “Congratulations” to Dr Mike D’Souza who has just qualified as a trainer, by gaining Certificate of Education from the University of Winchester. He will be working closely with Dr McLaughlin who is also a trainer in getting our medical students and our next GP Registrar (a qualified doctor who is training to be a GP) up to speed!

As in any surgery there have been some comings and goings. Dr Dyer will be off on maternity leave from March 2010 and at the same time she goes, Dr Ward will be returning to work from maternity leave following the birth of baby Martha last Autumn. Dr Symes will remain with us covering Dr Dyer’s maternity leave. We also welcome Miss Gemma Boyles our latest (and youngest) recruit to our Dispensary.

Dr Amar Kacchia who was a GP Registrar left us in January. We will be getting another trainee GP in August 2010.

Spotlight on Sister Adela Taylor

Mrs Taylor joined our Practice Nurse team at the surgery in July 2009, and before that she had been working as Deputy Head of Care at Chacombe Park Care Home for many years. She is originally from this area but moved around the UK while she did her nursing training. She is married to someone who is also local, and they have one son. Her main hobby is gardening and she enjoys growing her own vegetables.

Swine Flu

While the incidence of swine flu is on the wane there is still a possibility that it may return and so our vaccination programme continues. If you would like a vaccination and fall into any of the following groups, please contact the surgery for an appointment. Because of the way in which the vaccine was sent us – in multi dose vials that contain 10 doses, rather than in individual syringes, we need names of 10 people before we start vaccinating, otherwise the vaccine gets thrown away.

Those targeted are:-

Anyone aged 65 years and over
Pregnant women
asthma, diabetes, heart disease

Children aged between 6months & 5 years old
Anyone suffering from a chronic Disease such as
All carers, including parents of under 5's

Need an early morning blood test??

Hayley, our Health Care Assistant, who does most of the phlebotomy at the surgery, now has a blood taking session starting at 8am on a Friday.

Chlamydia Testing

If you are aged between 16 to 25 years old and have been sexually active, we can offer you Chlamydia testing which can be done without involving a medical person. It's a urine test for males and an easy do-it yourself swab for females. Chlamydia is a common infection which can be symptom free, but has long term effects you could do without, including infertility & internal pain. This is why we suggest you do the test. Just ask at Reception or Dispensary for a kit either by phone or in person. The test can be done regularly whenever you have a change of sexual partner (ie it's not a one off), and the cure is antibiotics. Take advantage!! Relevant website:

www.chlamydia screening.nhs.uk

Surgery Alterations

We hope that you have noticed the alterations to the incline in the slope up to the front door of the surgery and up onto the pavement from the surgery car park. Both of these have been altered in the last few weeks and we hope this makes it much easier for wheel chair users. Someone from Cherwell District Council has been out to the surgery and has promised to return and adapt the main entrance to remove the "metal lip" at the front door so that it will provide smoother access to those in wheel chairs. He has also promised to send some leaflets with details about hand rails leading up to the surgery so we are hoping that in the near future the surgery entrance will have improved access for everyone.

A BIG THANK YOU

To all those who offered help during the very snowy periods we had in January. We did take some people up on their offers of help in getting medication out to villages, and getting doctors into the surgery from home. We maintained normal opening hours over all that period and are just keeping our fingers crossed that Spring is nearly here and the really heavy snowfalls are behind us!