

Deddington Health Centre

Earls Lane
Deddington
Oxon

Newsletter

Telephone: 01869 338611

Dispensary E-mail Address: Dispenser@GP-K84055.NHS.UK

Thursday, September 21, 2006



An introduction to our nursing team

Caroline Taylor – Nurse Manager

Margaret Osenton – Practice Nurse

Jo Redford – Practice Nurse

Hayley Johnson – Health Care Assistant

We provide a cross section of care from everyday minor illnesses / injuries to Chronic Disease Management and monitoring.

Each of us has special areas of which we have particular interest i.e. Asthma, Diabetes

- Wound care
- Minor injuries/illnesses
- Removal of Stitches
- Aural Care (ears)
- Travel Advice/Injections
- Contraception
- Smear Tests
- Childhood Immunisations
- Blood samples
- ECG
- Health Education and advice

We also run regular clinics for

- Smoking Cessation
- Asthma
- Diabetes
- Heart Disease
- Blood Pressure
- Chronic Obstructive Pulmonary Disease

Please attend one of the clinics run by the nurses rather than making an appointment with your doctor.

Patient Participation Group

The Health Centre has formed a patient participation group which is held monthly. Please ring the practice manager if you would like to attend a meeting.

Update on GP training

As many of you are aware last year we decided as a practice to apply to become a training practice for GP Registrars. These are doctors who have completed the hospital based part of their GP training and who are then required to spend a year working in practice to finish their training.

In fact the visiting assessment team were highly complimentary of the standard of care offered in this practice and felt it would be an excellent learning environment for young doctors.

Since April we have had Dr Stephanie Symes with us who finishes her time with us at the end of July and goes off to Aylesbury to complete her training and we wish her all the best in the future and hope she will return to us in the future.

From August we will be joined by Dr Abigail Dyer who has been working in the Horton Hospital for the past 2 years and who will be with us for 12 months during which many of you will have the chance to meet her and hopefully help her in her training.

Part of this training will involve videotaping her consultations at times and you may be asked whether you wish to participate in this. She will see patients in the same way as other doctors and I am sure she will be made very welcome by you all. We will also continue to have medical students from Oxford intermittently who may be sitting with one of us or seeing patients alone but there is no obligation to see them and if you have any concerns please just say to one of the team.

***If you have any questions regarding this please contact Dr McLaughlin or our practice manager Sue Wilkins
Dr J McLaughlin***



Other Information

SUGGESTIONS

**Do you have any comments to make about one of our services?
Please place any comments in the Suggestion Box in Reception or send to the Practice Manager.**

Who is at risk from the flu this winter?

- All patients aged 65 or over
- Patients with:
 - Chronic heart disease
 - Diabetes
 - Asthma
 - Other chronic illnesses

Clinics will start from the first week of October and there will be Saturday clinics.

Also if you are 65 and over or in the above categories, we recommend you have vaccination against Pneumococcal Disease. You should ring the surgery now and make an appointment with a nurse.

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Dispensary

The health centre at Deddington is a dispensing practice, this means we dispense the medications prescribed (on site) to over 9000 patients. As a rural practice we regard this as an essential service to our patients, many of whom would find it difficult to get their prescription dispensed from a pharmacy outside the practice area.

However, providing medication to such a large number of people requires a lot of hard work and organisation. In order to avoid errors and make sure the correct drug, dose and amount is issued (to the right patient!) Several checks are made for each prescription. Unfortunately it is not simply a case of picking something off a shelf and putting it in a bag! Everyday, 500 prescriptions are dispensed from various sources of request (e.g. Consultation on day with doctor, telephone, written and email requests for repeat medication) It is due to this volume of work that 3 working days are required to process prescriptions.

Wasted medication is wasted time and money

Every month over 50 prescriptions are cleared from the shelves, as they have been requested but not collected. This is a needless waste of dispensary time, so please only request medication that is needed!

It may surprise many of you that the cost of drugs dispensed each year to patients of the health centre exceeds 1 million pounds. This is a huge expense to the health centre and we must all be responsible, as prescribers and patients, for effective use of this valuable resource. In order to achieve this we must dispense the most cost effective drugs which may from time to time mean an alteration to your regular medication.

The 28 day rule, perhaps the most important area for ensuring appropriate use of medication is "amounts prescribed". It is good practice (and national policy) to provide a maximum of 28 days supply, which helps monitor usage and reduce waste medication

One month of uncollected prescriptions



We are aware that some patients still have two or even three months medication supplied at a time, but this practice cannot continue under current government pressure.

Dr R Rush

Other Information

Dispensary Hours

Weekdays 8.30AM – 6.30PM

(We no longer close at lunchtime except on a Monday)

Repeat Prescription

Please use email if possible

Dispensary@GP-K84055.NHS.UK

**PLEASE ALLOW 3 WORKING DAYS
FOR COLLECTION**

NHS Direct

Call 24 hours on: 0845 4647

Web: www.nhsdirect.nhs.uk

Appointments

The practice will see all urgent patients on the day but cannot guarantee this appointment will be with the doctor of your choice.

Telephone Calls

Each doctor receives many telephone calls, so for the following please don't ring the doctors.

Results – Ring the health assistant

Repeats – Speak to dispensary

Urgent Problem – On call doctor